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| **Variable Name** | **Data Type** | **Description** |
| HEART\_DISEASE | Categorical | Diagnosed with Coronary Heart Disease (CHD) [Yes/No] |
| SEX | Categorical | Sex of respondent |
| AGE\_GROUP | Categorical | Age group of respondent |
| EDUCATION | Categorical | Level of education completed |
| INCOME | Categorical | Range of annual household income |
| UNABLE\_TO\_AFFORD\_MED | Categorical | Inability to see a doctor in the past year due to cost [Yes/No] |
| WEIGHT\_KG | Continuous | Weight of respondent |
| HEIGHT\_M | Continuous | Height of respondent |
| BMI | Continuous | Calculated body mass index (BMI) of respondent |
| BMI\_CATEGORY | Categorical | BMI category of respondent |
| GENERAL\_HEALTH | Categorical | General health status from 1 to 5 (5 being excellent) |
| PHYSICAL\_HEALTH | Continuous | Number of days in the past 30 days with poor physical health |
| MENTAL\_HEALTH | Continuous | Number of days in the past 30 days with poor mental health |
| CHECKUP\_DURATION\_YR | Continuous | Time since the last routine doctor’s checkup |
| EXERCISE | Categorical | Engagement in physical activity or exercise in the past 30 days outside of regular job [Yes/No] |
| SLEEP\_DURATION\_HR | Continuous | Average hours of sleep per 24-hour period |
| SMOKING | Categorical | Is currently a smoker [Yes/No] |
| CIGARETTES\_PER\_DAY | Continuous | Number of cigarettes smoked per day |
| DRINKING | Categorical | Consumed at least one drink of alcohol in the past 30 days |
| DRINKING\_DAYS\_PER\_MONTH | Continuous | Number of days in the past 30 days where at least one drink of alcohol was consumed |
| HEAVY\_DRINKING | Categorical | Heavy alcohol consumption (more than 14 drinks per week for men and 7 drinks per week for women) [Yes/No] |
| STROKE | Categorical | Ever diagnosed with a stroke [Yes/No] |
| ASTHMA | Categorical | Current diagnosis of asthma [Yes/No] |
| SKIN\_CANCER | Categorical | Ever diagnosed with skin cancer [Yes/No] |
| OTHER\_CANCER | Categorical | Ever diagnosed with other types of cancer [Yes/No] |
| LUNG\_DISEASE | Categorical | Ever diagnosed with pulmonary-related disease(s) [Yes/No] |
| DEPRESSION | Categorical | Ever diagnosed with depressive disorders [Yes/No] |
| KIDNEY\_DISEASE | Categorical | Ever diagnosed with kidney disease [Yes/No] |
| ARTHRITIS | Categorical | Ever diagnosed with arthritis [Yes/No] |
| OVERWEIGHT\_OR\_OBESE | Categorical | Has BMI greater than 25.00 (Overweight or obese) [Yes/No] |
| DIABETES | Categorical | Ever diagnosed with diabetes [Yes/No] |

Data Source

2022 Behavioural Risk Factor Surveillance System Survey Data

<https://www.cdc.gov/brfss/annual_data/annual_2022.html>